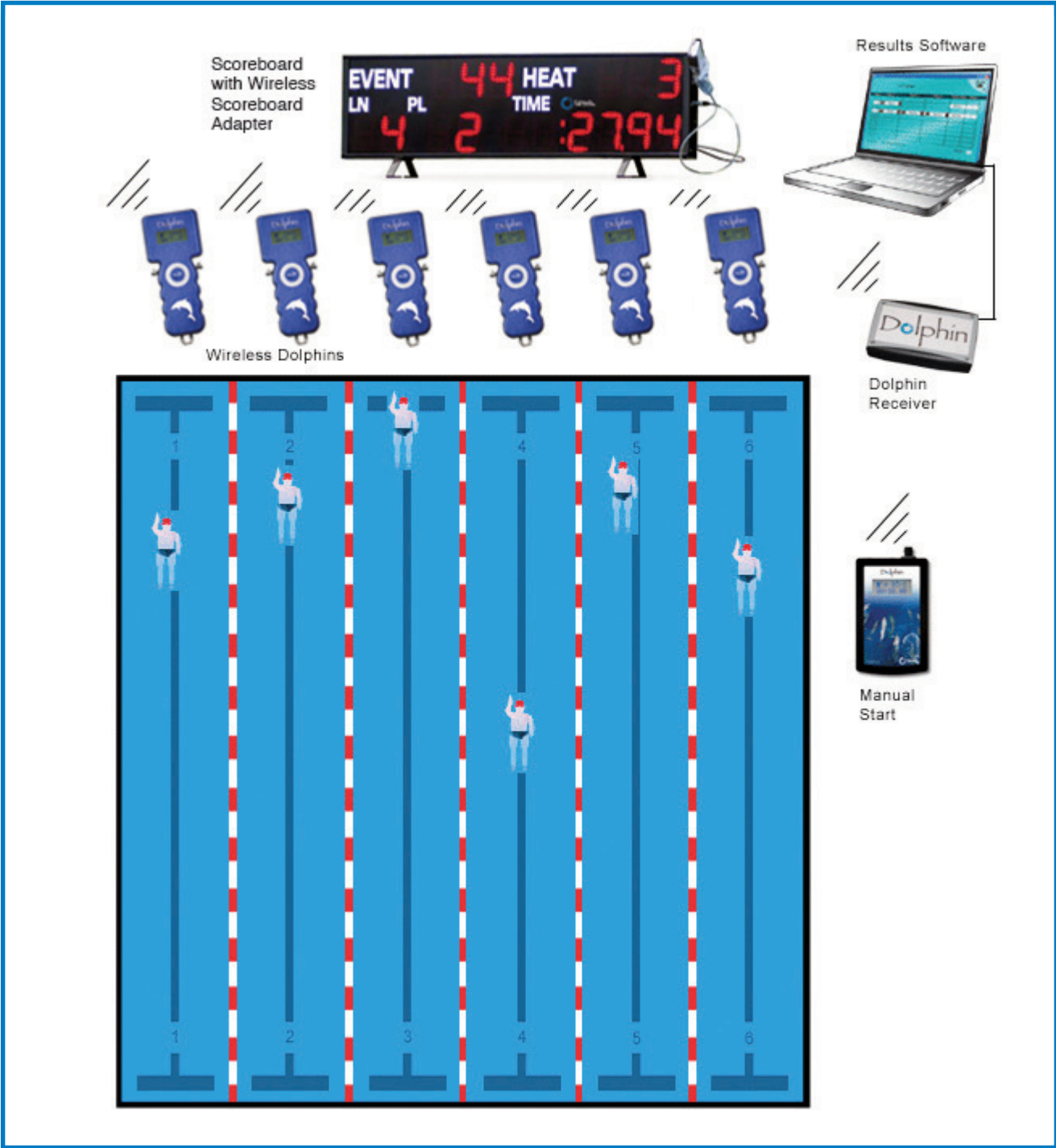


Basic Swim Timing



Revised 04/10

